

Metric Version



Doing It Right
DIR-diver.com

Minimum Deco Table

30-32% Nitrox

Rev. A

Depth
msw
(using Air)

Depth msw (using Air)	BT	Bottom Time						
	Max	Adjusted Maximum Bottom Time						
35 → (30)	5 20	10 15	15 10	20 5	25 0			
30 → (25)	10 25	15 20	20 15	25 10	30 5	35 0		
25 → (20)	10 40	20 30	25 25	30 20	40 10	50 0		
20 → (15)	15 60	25 50	35 40	45 30	55 20	65 10	75 0	
15 → (12)	25 140	45 120	65 100	85 80	105 60	125 40	145 20	165 0
Group	A	B	C	D	E	F	G	H

- Always do the deco stops no matter what depth or duration of your dive.
- Never ascend faster than 9 m/min, especially the last 6 meters.
- When you must dive on air - use the air depths instead.
- This table is designed for up to four dives per day.

Buhlmann ZH-L16B
with Gradient Factors

32% ~ GF 30/85
30% ~ GF 30/90
21% ~ GF 30/90

Surface Interval		Mandatory Stops	
time	group	msw	minutes
0:10	same	12	1
0:30	- 2 *	9	1
1:00	- 4 *	6	3
2:00	- 5 *	3	3
4:00	none		

* but no less than A